## STRETCHING \& SQUEEZING---EXERCISING YOUR BLOCKS



Traditional-block quilts are captivating when they are stretched and squeezed in different directions. Learn how to create fascinating quilts by changing a block's design grid. You'll enjoy the exciting new designs that evolve when blocks are changed from squares to rectangles----or magically evolve into another captivating shape. Learn how to play with design to create quilts with fascinating shapes and exciting movement.

This workshop is meant to be a playful class as you explore ways to create designs in unusual and fascinating ways. We'll begin with a stretching and squeezing exercise and then have time to play with a block design or two (as time allows). This class has no sewing......it's a day of playing with blocks, lines, and shapes in very imaginative ways.....What fun!!! I look forward to a playful day with you. Joen

## PLEASE BRING THE FOLLOWING ITEMS:

1. Eraser
2. Sharp pencil (either a mechanical pencil or a lead pencil with a pencil sharpener
3. A selection of colored pencils in colors you like
4. Paper scissors
5. Glue stick (preferably removable, if possible).
6. A few large sheets of plain, white drawing paper.
7. A thin plastic ruler that is at least 18 " long. (My favorite very thin plastic ruler for drawing is a 2 " X 18 "ruler that has red/magenta markings (such as Staedtler).
8. Copies of 3-5 of your favorite 9-patch and/or 4-patch blocks. Hint: Please do not bring complex blocks. They should be fairly simple designs.
9. Paper and pen for note-taking.
10. Scotch tape and/or positioning tape
11. White-out
12. A few sheets of tracing paper.

Please note: You may not use all of the items on this supply list, but if you do need them in class for your block play, you will want to have them on-hand. For example, not everyone will use tracing paper, Scotch tape, positioning tape, or white-out, but if you're the one who needs it in class, you're glad you have it. (If these are difficult to gather, you don't need to bring them.

## Optional:

If you have the book Patchwork Persuasion (Joen Wolfrom, C \& T Publishing, 1997) available, you may wish to read or review Chapter Six: Fascinating Block Contortions-Stretching and Squeezing (pages 102-114)
If you have the 3-in-1 Color Tool, please bring it. If we have time to talk about color selection, this tool will come in handy.
Class length: one-half day All skill levels

