

Flower (Flour) Power Two-Towel Apron

Fabric Requirements-Two “homespun” towels

1. At the top corners of the towel, measure in four inches and down the side 11 inches. Draw a line between the two marks and cut off the corners. Turn in $\frac{1}{4}$ ” twice and top stitch.
2. Cut the second towel in half lengthwise.
3. From $\frac{1}{2}$ of the second towel, cut the straps. You will need 3 strips 3” by the length of the towel. One is the neck strap, two are the waist straps. Press each in half, then fold the raw edges in toward the pressed line and top stitch.
4. Sew one strip to each side at the waist.
5. For the neck strap, determine the length you will need to go over your head (approx. 21”). Cut the strip to desired length and stitch in place at the top 2 corners of the apron.
6. Use the other half of the towel for the pocket. Lay the pocket piece across the apron to measure the width plus $\frac{1}{2}$ ” on each side. The hem on the long side of the towel is the top of the pocket. Turn the $\frac{1}{2}$ ” seam allowance on both sides to the wrong side and press, including along the bottom edge of the pocket piece.
7. Lay the pocket in place and pin carefully. Top stitch around the 3 edges. Divide the pocket into thirds and topstitch along those divisions.
8. Now comes the fun part, embellish your apron with fusible appliqué appropriately edge stitched for permanence-maybe some flowers or kitchen utensils, maybe a holiday theme. Anything goes, have some fun. Make something special that will make a memorable gift. Pin your name to the apron so the recipient will know who made their apron. Bring it to retreat in a plain brown lunch sack.