

## **HAWAIIAN APPLIQUE**

Teacher: Nancy Lee Chong

Hawaiian quilts look awesome in their symmetry and beauty, and yet are surprisingly easy to make. In this class you will have hands-on experience with cutting out a Hawaiian block, basting, and needleturn appliqué. This class is process-oriented, not product-oriented, so after beginning your Hawaiian quilt block, you will finish the day learning Nancy's stress-free needleturn appliqué techniques on a piece of "practice work." All experience levels welcome.

## HAWAIIAN APPLIQUE SUPPLY LIST

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Teacher will provide 6 different Hawaiian block patterns from which you will choose your favorite one to work on in class. Come to class with the following supplies:

- You choose whether to make a block or a wall quilt. If you choose a block, bring two 24" square pieces of solid-colored (or almost solid colored) 100% cotton fabric. This size will result in a Hawaiian block (or pillow). These fabrics do not have to be perfectly square. If you wish to make a wall quilt, then you can bring instead, two 1-1/2 yard pieces of 100% cotton fabric. You may choose any two colors, but be sure they are strongly contrasting values. You may use two contrasting shades of the same color, or two different colors, or one color and white or off-white. (Preshrink and check for color fastness.)
- If you intend to turn your block (above) into a finished quilt – buy an additional 1/3-yard of appliqué fabric for your binding. If you are making the wall quilt, binding is included in above yardage. You need not bring this binding fabric to class.
- For practicing the needleturn techniques, please also bring two 12" square pieces of contrasting solid-colored 100% cotton fabric. These don't have to be the same fabrics as the two larger squares mentioned above, but they can be.
- Thread to match the darker of your two 12" appliqué "practice" fabric.
- Contrasting thread. Bring thread in an UGLY contrast to the appliqué fabric that you chose for your Hawaiian appliqué (first in list above). This is the perfect excuse to use up some of those odd spools with very little thread left. Do not bring thread on old wooden spools (it is weak and may no longer be colorfast).
- Milliner's Straw Needles, size 10 or 11 (any brand),
- Basting needle. Any needle can be a basting needle. I prefer a long sharp needle.
- Good reading glasses, if you need them, to be able to see very close hand work. If you are struggling with threading the needle, buy a Clover Desk Needle Threader.
- Pen or pencil, note paper, ruler (any small ruler is fine)
- Tracing paper (8-1/2" x 11") (Any paper you can see through to trace off a pattern; nothing fancy is needed here. Even the notebook paper your kids left behind when they went off to college is just fine for this step.).
- Paper scissors
- Fabric scissors good enough to cut through 8 layers of fabric. Bring your 8" Gingher shears if you own them. I prefer using sharp, metal-handled scissors rather than plastic-handled scissors that can cause stress on my hand while cutting.
- Straight pins, at least 150. I prefer to use glass head silk pins (5mm) for pinning through eight layers of fabric, and Clover Applique pins for pinning layers together.
- Thread snippers.
- Masking tape (Regular stuff, nothing fancy; and don't go buy a new roll just for this class, we can share if you don't already own some.)

(We will take a half-hour lunch break, so you might consider bringing a lunch.)